Université Paris-Saclay

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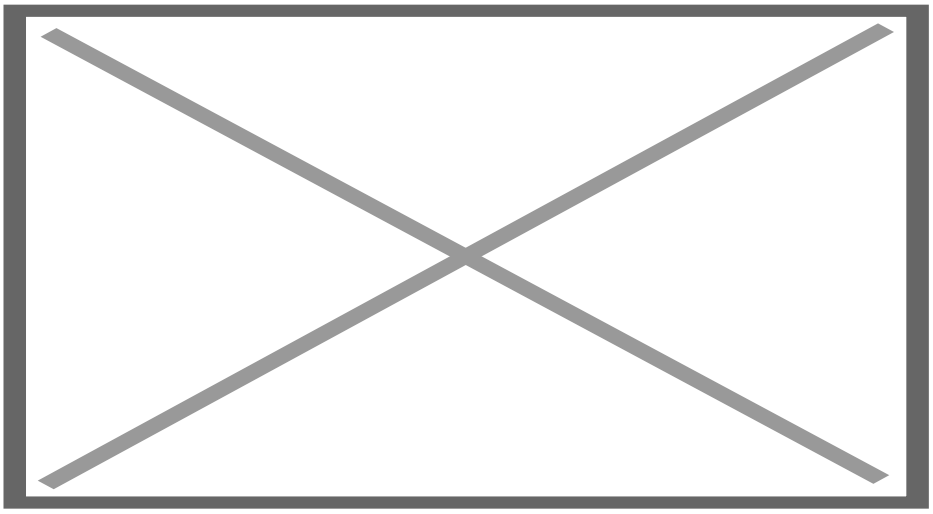
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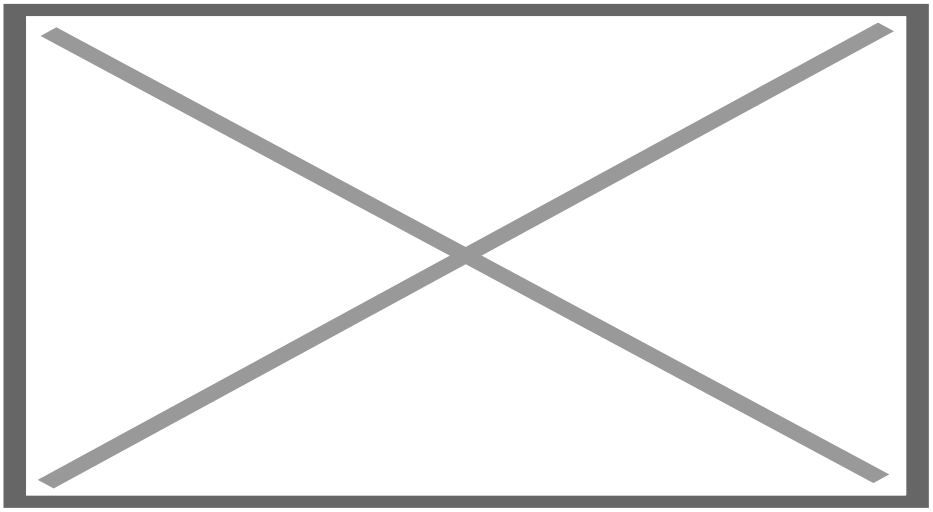
Licence (Undergraduate programme)

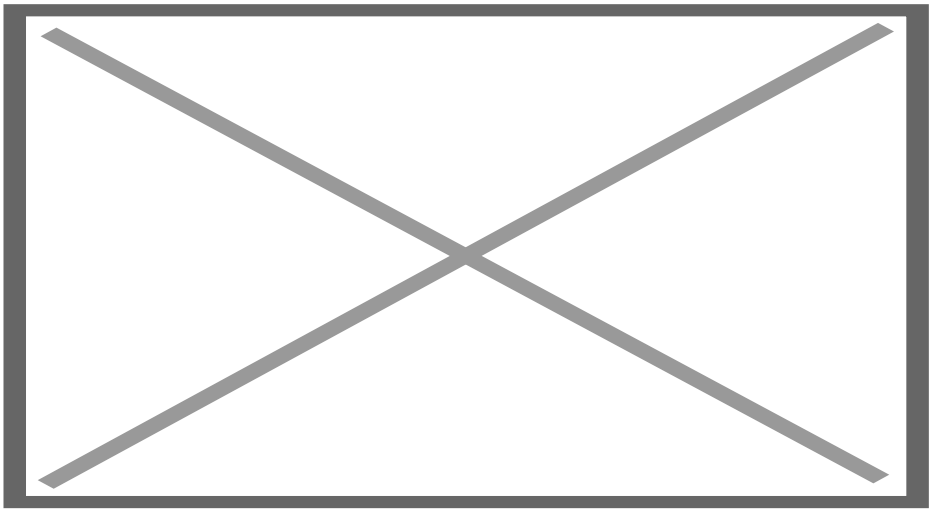
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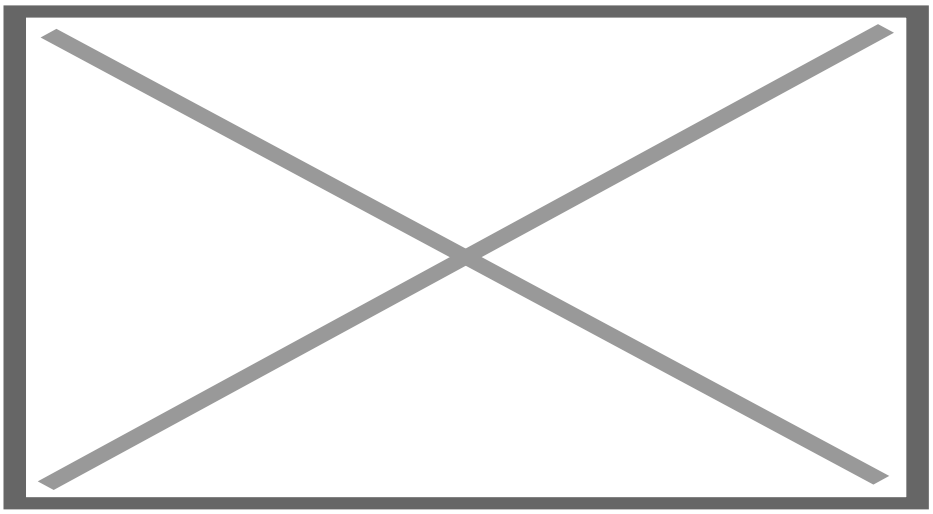
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Information

- Overview
- Application requirements
- Schedule

Présentation

Skills

The Sports Science undergraduate degrees are linked to RNCP (National Directory of Professional Certification) files drawn up and harmonised at national level by the Conference of Deans and Directors (C3D) Sports Science. In accordance with the C3D framework, eight blocks of competencies common to all Sports Science majors have been identified: • Block 1: Digital and numerical uses • Block 2: Data processing for analysis purposes • Block 3: Written and oral expression and communication in several languages • Block 4: Positioning within a professional field • Block 5: Responsible action within a structured professional organisation • Block 6: Analysis of a situation relating to the physical and/or sporting activity of a group of subjects and an organisation • Block 7: Development and planning projects and programmes aimed at transforming a situation related to physical activity and/or sports. • Block 8: Supervision of group sessions of physical activities and/or sports for the general public in a face-to-face class In addition, the track Sports Science * EM covers two specific blocks: • Block 9: Teaching P.E. in the school system. • Block 10: Project

management and teaching of a variety of Physical, Sports and Artistic Activities (APSA) in socio-educational organisations

Objectives

The aim of the programme in the Sports Science undergraduate degree tracks is to build scientific, technical, technological and (pre-)professional knowledge and competencies in the fields of physical, sports and artistic activities (APSA in French), motor learning, human movement and body cultures in society. More specifically, the Sports Science-EM track aims to build the competencies needed to teach Physical, Sports and Artistic Activities in educational and school environments by: • Introducing students to a first multidisciplinary approach to sports motor competencies, sports culture, and the educational and learning issues that emerge from the teaching of Physical, Sports and Artistic Practices (PPSA) and PES; • Providing students with a solid curriculum whose content is directly in line with contemporary transformations in sport and developments in scientific, technical and practical knowledge in the field of PPSA. This Undergraduate degree highlights the scientific approaches and strategies, technological problems and educational issues in their modern aspects and in their socio-historical context, which underpin all teaching of PPSA. • Strengthening knowledge in the field of PPSA, and providing tools and methods related to the quality of written and oral communication, academic work, scientific and technological requirements • Enabling students to gradually build up their study project and their first professional teaching experiences.

Admission

Capacity

Available Places

90

Période(s) de candidature

E-candidat Platform

From 13/05/2026 to 16/06/2026

Programme

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class
Sciences biologiques du corps en mouvement : BAP 3	4	Semestre 1	33	18				
Charger le détail								
Psychologie et neurosciences cognitives	5	Semestre 1	27	15				
Charger le détail								

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class
Approche pluridisciplinaire de l'intervention en milieu scolaire	9	Semestre 2	27	42				

Charger le détail

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class
Sciences sociales et APSA	5	Semestre 1	27	16.5				

Charger le détail

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class
Cadre institutionnel, valeurs et éthique de l'enseignement	9	Semestre 2	15	54				

Charger le détail

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class
Spécialité sportive: L'intervenant 1	5	Semestre 1		44				

Charger le détail

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class
Polyvalences Sportives 3	3	Semestre 1		40				

Charger le détail

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class
Spécialité sportive: L'intervenant 2	5	Annualisé		44				

Charger le détail

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class
Polyvalences Sportives 4	3	Semestre 2		55				

Charger le détail

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practic class
Conception et pratique d'intervention : Institutions, Outils et Méthodes 1	4	Semestre 1	11	15	25			
Charger le détail								
Conception et pratique d'intervention : Institution, Outils et Méthodes 2	4	Semestre 2		53.5				
Charger le détail								
Ouverture et approfondissement disciplinaire	4	Semestre 2	11	19.5	15			
Charger le détail								

Contact

- **William Barriere**
- **Marion Gallas**

http://www.sciences.universite-paris-saclay.fr/formation/licence/staps-education-et-motricite/l2-staps-education-et-motricite